



Web: www.pujaa.com | E-mail: Pundit@pujaa.com | Ph: (407) 658-9807

In 2015, Pitra Paksha will be observed from Monday September 28th to Monday October 12th

During this time, all Hindus should observe the requirement in our scriptures of "Pitri Yagya" or "Pitri Pujaa" as described below.

Items required for Pitra Pujaa

Important preliminary Note:

The three parts of this ceremony are (1) Tarpan (2) Havana (3) Bhojan (food). One, two, or all three parts can be done at home and may be performed without the assistance of a Pundit/Purohit by following these instructions.

TARPAN: should be offered to the Pitris (fore parents) daily for 3 days (Two days prior, then the morning of the Pujaa).

Ingredients (for Tarpan):

- Container of water
- White rice
- Black till
- Piece of **Kush** Grass (with root attached)



Preparation:

Mix white rice and black till into container of water. Plant the Kush grass on the southern side of your Property or location, then tie the top strands of the Kush grass into a knot.

Instructions (for offering of Tarpan):

NOTE: When offering Tarpan, you will join palms together, scoop water out, and then when offering, allow it to flow through the index finger and thumb of your right hand.

- Facing east, offer jal (water/libation) with hands to sun 3 times reciting: "Om Sree Suriyaayai Namaha"
- Facing south, offer Tarpan with hands to deceased ancestors 3 times for each, calling the name of each departed in the following manner:
 - (Call name of deceased) followed by "Pitra Swaadhaa" (Note: NOT Swahaa)
- Then offer Tarpan 3 times reciting: "Sarva Pitra Swaadhaa"
- Finally, offer Tarpan 3 times reciting: "Ariyamaa Pitra Swaadhaa"

HAVAN: Should be performed immediately after performing Tarpan on the 3rd day. Average time (12 minutes).

Ingredients:

- 5 pairs of Suharee/Puri and Sweetrice
- Ghee
- Black till
- Havana Kund
- Wood(no cotton balls)
- Camphor

- 1 Prepared Deeyaa
- Lotaa with water
- Mango leaves
- Prepared Food to take outside (if doing this part)
- Cutlass (if taking out food)
- Piece of wood to kindle (if taking out food)
- One Seedha (optional but recommended)

Instructions:

Sit facing south with the Havana Kund in front of you. Say a prayer to Lord Vishnu or “*Om Namo Naaraayana Namaha*” seven times then spend a few moments reflecting on the forefathers you are preparing to worship with Pitra Havana. (NOTE: A meal should be prepared for each/the departed soul(s) before the Havana is completed).

You should then follow these steps:

- Kindle the fire
- Make Ghee offerings to all forefathers using the same mantras as with **Tarpan**
- Mix the sweet rice, suharee/puri, ghee and black till together.
- Make offerings using the same mantras for the Tarpan, this time offering the mixture.
- Wash your hands and light the deeya between self and havan-kund.
- Prepare to take food prepared for fore parents outside.

BHOJAN: Either 3 or 5 pairs of Suharee/Puri and sweetrice or meals can be prepared for this part.

Taking food outside: (After the Havan)

- If possible, have three individuals to accompany and assist you.
- Take the food, a lighting piece of stick/or camphor and cutlass to a spot at the back of the house/property or location.
- Place the lighting fire down, cut some bush/grass and dig some soil with the cutlass. (optional)
- Place the food and water down in a neat fashion.
- Pause for a moment to ask for the protection of these souls and then turn around and leave – do not look back at the offerings made.

Before returning inside the home, sprinkle water over head 3 times.

If possible, you can now partake of meals with friends and family to signify the conclusion of the Pitra Havan. The Seedhaa can then be offered to a Brahmin Pundit or Brahmin Holy Man.